

30 DAYS OF
Gratitude

A JOURNEY

THROUGH
EXODUS



TIME WARP WIFE MINISTRIES

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HOW TO USE THIS STUDY

PART 1 – SCRATCHING THE SURFACE

I've provided you a reading schedule for Exodus chapters 1-15. This is part one of a two-part series which I hope to complete early next year.

For the most part, I have allotted you two days for each chapter. Use the first day to read the assigned portion of scripture and write down your initial thoughts.

Ask yourself these kinds of questions:

- What is the main concept, or what is God telling me here?
- How can I apply this to my life?
- Is there sin I need to examine?

PART 2 – DIGGING DEEP INTO THE WORD

On the alternate days I want us to take a step deeper as we dig into the Word.

Here are a few ways to do that:

- Consider the questions I provide in this study guide. Perhaps you can discuss them with a friend, do a little research online, or better yet—do both!
- Look up the scripture in a commentary like *Matthew Henry's* or grab a different translation, and read it again. Is there anything that you missed the first time?

Is a commentary too much for you? Try *Matthew Henry's Concise Commentary* which is an abbreviated version.

- Research the characters online. What else can you learn about them?
- Look for other verses in the Bible that talk about the same topic, what can you learn from them?
- Cross reference key verses that stand out to you. You can cross reference any verse online at: <http://www.openbible.info/labs/cross-references/>
- Look for life application principles. Ask yourself how you can improve in this area.

- Use the Blue Letter Bible at <http://www.blueletterbible.org> where you'll find interlinear Greek and Hebrew translations, as well as other awesome Bible study tools.

PART 3 – QUIETING YOUR HEART

Spend time in prayer after each lesson asking God to direct your thoughts.

PART 4 - ENCOURAGEMENT

Visit my blog each week where I'll share encouraging thoughts on the topic as we go through this study. I'll also share printable resources to go along with the study!

You can find my blog at: <http://www.timewarpwife.com>

PART 5 - FELLOWSHIP

Visit my Facebook page where I share my thoughts on Mondays, Wednesdays, and Fridays (during the month of the study), and join in the discussions:

<http://www.facebook.com/timewarpwife>

Join our Bible journaling group where you can share your journal entries:

<https://www.facebook.com/groups/biblejournalingonline/>

INTRODUCTION

The story of Exodus in many ways typifies our redemption. In fact, the Greek word for “Exodus” is ἔξοδος (Strong’s g1841) “an exit, departure, death.” When we give our lives over to God, our old life passes away. Through freedom in Christ we embark on a journey toward the promised land set before us.

The question is, will Satan let us go without putting up a fight? Not a chance.

The Israelites left Egypt behind with the promise of a new life and a new land before them. They were slaves in Egypt, as we too were once slaves to sin, but God sent Moses to free them and lead them to a land flowing with milk and honey.

Pharaoh did everything in his power to rebel against God. He had a tight hold on the Hebrew people, and wasn’t about to free them or let go of his pride, but Pharaoh was no match for God. God had promised to free His people and nothing could stand in His way.

As we make our way through this study we’ll be looking at the 10 plagues of Egypt. It’s interesting to note that while the purpose of these plagues was to prove to the world that there is only one God, each plague was uniquely designed to cast down the many gods that the Egyptians worshipped.

The reason I chose to study this book during the Thanksgiving season is because freedom gives us much to be thankful for.

The Israelites had a bad habit of looking back. Anytime the journey got difficult they lost focus. They longed for their days back in Egypt, and failed to see the blessings at hand. It’s for this reason that we’ll be counting blessings as we make our way through.

I encourage you to get yourself a gratitude journal. You can use any notebook you have or you can pick yourself up a pretty little book at the dollar store. You also have the option of picking up the [Quieting Your Heart: Gratitude Journal available at Amazon](#), a journal we designed specifically for this study.

Each day I’ll offer you gratitude prompts that you can use to fill in your journals. Or if you prefer, you can think of your own prompts. Record things you are thankful for, keep a record of fond memories, consider ways to express your gratitude, record something wonderful that happens each day, etc.

READING SCHEDULE

EXODUS 1-15

For the most part, I have allotted you two days for each chapter.
Use the alternate days to dig deeper into scripture.

Week 1

Monday/Tuesday – Exodus 1
Wednesday/Thursday – Exodus 2
Friday/Saturday – Exodus 3 & 4
Sunday – Rest

Week 2

Monday/Tuesday – Exodus 5
Wednesday/Thursday – Exodus 6
Friday/Saturday – Exodus 7 & 8
Sunday – Rest

Week 3

Monday/Tuesday – Exodus 9
Wednesday/Thursday – Exodus 10
Friday/Saturday – Exodus 11 & 12
Sunday – Rest

Week 4

Monday/Tuesday – Exodus 13
Wednesday/Thursday – Exodus 14
Friday/Saturday – Exodus 15
Sunday – Rest

30 DAYS OF GRATITUDE

- Day 1 - Record 4 things you are thankful for
- Day 2 - What are 3 ways you can express your gratitude?
- Day 3 - Record a favorite memory
- Day 4 - What is something wonderful that happened today?
- Day 5 - Record 4 things you are thankful for
- Day 6 - What are 3 ways you can express your gratitude?
- Day 7 - Record a favorite memory
- Day 8 - What is something wonderful that happened today?
- Day 9 - Record 4 things you are thankful for
- Day 10 - What are 3 ways you can express your gratitude?
- Day 11 - Record a favorite memory
- Day 12 - What is something wonderful that happened today?
- Day 13 - Record 4 things you are thankful for
- Day 14 - What are 3 ways you can express your gratitude?
- Day 15 - Record a favorite memory
- Day 16 - What is something wonderful that happened today?
- Day 17 - Record 4 things you are thankful for
- Day 18 - What are 3 ways you can express your gratitude?
- Day 19 - Record a favorite memory
- Day 20 - What is something wonderful that happened today?
- Day 21 - Record 4 things you are thankful for
- Day 22 - What are 3 ways you can express your gratitude?
- Day 23 - Record a favorite memory
- Day 24 - What is something wonderful that happened today?
- Day 25 - Record 4 things you are thankful for
- Day 26 - What are 3 ways you can express your gratitude?
- Day 27 - Record a favorite memory
- Day 28 - What is something wonderful that happened today?
- Day 29 - Record 4 things you are thankful for
- Day 30 - What are 3 ways you can express your gratitude?



EXODUS 1

Questions:

The midwives feared God more than they feared Pharaoh. What are some ways that God blesses people who fear Him? Find scriptures to back up your answers.

The Bible tells us that the more the Hebrews were afflicted, the more they grew. What can we learn from their affliction?

What similarities to this chapter if any do we find in Matthew chapter 2?



EXODUS 2

Questions:

In verse one, we see that Moses' parents (Jochebed and Amram) are Levites. We later see that God set the Levites apart as priests. Why? Also read Numbers 8:16-18 and Exodus 32:25-29

What can we learn about Moses faith from Hebrews 11?

What does this chapter teach us about trusting God in difficult situations?



EXODUS 3

Questions:

The Hebrews were in bondage for 400 years. What does this teach us about God's timetable and patiently waiting on Him?

Why was it important for Moses to tell the Hebrews that the God of Abraham, the God of Isaac, and the God of Jacob had sent him?

What does Moses' hesitation and God's response teach us about stepping out in faith?



EXODUS 4

Questions:

What excuses did Moses offer God, and what promises did God offer in return?

What roles were given to Moses and Aaron, and how did these roles work together? What can this teach us about our gifts working together in the church?

Why was it important for Moses' son to be circumcised? See Genesis 17:10-14

How is circumcision a part of the new covenant between Christ and His church? What does it typify? Romans 2:28-29



EXODUS 5

Questions:

Why did Pharaoh make the Hebrew's labor more difficult than it was before? And why were the officers beaten? What purpose would this serve Pharaoh?

When the officers confronted Aaron and Moses what did Moses immediately do? What does this teach us about difficult situations?



EXODUS 6

Questions:

God appeared to Abraham, Isaac, and Jacob, by the name of God Almighty. Why didn't He appear to them as Jehovah "Yahweh" (Strong's H3068)? The answer may be found in the root word "Hayah" (Strong's H1961). Also read Genesis 12:1-3

What promises does God make to His people in this chapter?

In what ways if any do these promises parallel the covenant between Jesus Christ and the church?



EXODUS 7

Questions:

What does verse one mean? Note: the answer is found in chapter 4.

Verse 3 tells us that God hardened Pharaoh's heart, but as we continue reading through this study we see several places where Pharaoh hardened his own heart. God foreknew exactly what Pharaoh would do, so God used his weakness to accomplish a purpose. What else can we learn about the mercy and sovereignty of God in Romans 9:14-18?

Verse 17 is a pivotal point in this study. God says, “this thou shalt know that I am the Lord.” Throughout this study we’ll be looking at the 10 plagues of Egypt. It’s interesting to note that while the purpose of these plagues was to prove to all that there was only one true God, each plague was uniquely designed to cast down the many gods that they worshipped.

The Egyptians worshipped numerous gods, which the Hebrews had been exposed to during their time of bondage.

What are some of the many gods people worship today, and how does God prove His supremacy over them?



EXODUS 8

Questions:

If the magicians could produce frogs in verse seven, why did Pharaoh ask Aaron and Moses to get rid of them in verse 8?

Why did Moses' ask Pharaoh to choose when the frogs should be removed? (verse 9)

How is Pharaoh's back and forth attitude different from that of a faith-focused life?



EXODUS 9

Questions:

Why did God go through all of this trouble of sending 10 plagues when He could have easily wiped Pharaoh off of the face of the earth?

What does Pharaoh teach us about stubborn people, our inability to change them, and the power of God?

What are some of the reasons people turn their back on God, when His presence is evident in their lives?



EXODUS 10

Questions:

Why does God want the story of the plagues in Egypt passed down from generation to generation?

Is there a time in your life where you struggled with pride and refused to humble yourself?

What other scriptures describe a thick darkness?



EXODUS 11

Questions:

Why was Moses great in the sight of these people? (v.3) What had changed their attitude?

Why were the Egyptian families cursed for the sins of Pharaoh? And why did God put a difference between them and the Hebrews?

What can happen to a person who hardens their heart?



EXODUS 12

Questions:

The first Passover lamb was a foreshadowing of Christ. How is the lamb a picture of Christ?

Reflect on our Passover lamb, Jesus, and the great sacrifice He made for us. What should our response be towards him? How can we commemorate his great sacrifice, or what can we do to show Him our appreciation?

List the instructions they were given in preparing the Passover. How are some of these instructions symbolic to living a Christian life?



EXODUS 13

Questions:

How did the pillar of cloud by day and the pillar of fire by night, help the children of Israel?

What was the significance of setting apart the first born?

What did unleavened represent? And why was it important that all bread be unleavened?

What does it mean to “redeem with a lamb?” How is this a parallel to the Christian life?



EXODUS 14

Questions:

Why did God place the Israelites in such a precarious position? Why didn't He let them take the easiest road out of Egypt?

Are you in a difficult situation? If so, can your situation be used to glorify God?

What is the connection between the exodus from Egypt and salvation in Christ? How is the deliverance of the people through the Red Sea a picture of our Salvation?



EXODUS 15

Questions:

What was the reaction of the children of Israel after God defeated Pharaoh and his army?

What is the promise that God gives to them? What are the four conditions that God attaches to the promise?

How does your knowledge of God's care and faithfulness to the children of Israel encourage you in your day to day living?
