

WEEK AT A GLANCE NEHEMIAH CHAPTER 6

TUESDAY

Visit TWW – Visit timewarpwife.com to read the weekly intro and find the link to this week's video.

Read Nehemiah 6:1–9 – Watch how the enemy uses distraction and pressure to try and pull Nehemiah off the wall.

Study Guide – Begin reading Chapter 6 in the guide and reflect on the enemy's persistence and Nehemiah's strong response: "I cannot come down."

WEDNESDAY

Scripture Focus – Read Judges 16:6–16, Genesis 39:7–12, and 1 Samuel 1:6–7.

Journaling Prompt – How did Samson, Joseph, and Hannah each react to repeated pressure? What does this teach you about resisting temptation?

Community Post – Share with the group: What's one distraction you've faced lately, and how are you standing firm?

THURSDAY

Read Nehemiah 6:10–14 – Nehemiah uses discernment when faced with spiritual-sounding advice.

Study Reflection – Hebrews 5:14 talks about training ourselves to distinguish good from evil. What are some daily habits that help you grow stronger in this area?

Journaling Prompt – What might it look like for you to say, "I will not go," when temptation calls?

FRIDAY

Visit TWW - Visit timewarpwife.com to read Darlene's closing thoughts for the week.

Read Nehemiah 6:15–19 – Nehemiah finishes the wall despite betrayal and opposition.

Group Reflection – Has God called you to respond differently to someone who hurt you?

SATURDAY

Heart Search – Ask God to show you any "open doors" in your life that the enemy might be using.

Proverbs 4:23–27 (AMP) – Write out five instructions for guarding your heart and walking in truth.

Journaling Prompt – What stood out to you this week about spiritual resistance or discernment?

SUNDAY - Rest and Worship – No assignments today. Let today be a day of spiritual renewal.

MONDAY

Reflection – What truth from Nehemiah 6 encouraged or challenged you most this week?

Final Community Post – Share one insight with the group as we prepare to step into Chapter 7.