

# WEEK AT A GLANCE

## ANOTHER 7 VIRTUES OF A PROVERBS 31 WOMAN

### - CHAPTER 5 -

#### TUESDAY

**Watch this week's video** - Visit [timewarpwife.com](http://timewarpwife.com) or check your inbox to find a link to this week's video.

**Read Esther 4** - Read the chapter slowly, paying attention to Esther's decision point.

**Read Chapter 5 in the Study Guide** - Focus on how courage often begins in fear, not confidence.

**Begin the Study Guide Questions** - Start with the Scripture passages on fear and trust.

**Community Check-In** - Share one situation where fear has tempted you to hold back.

#### WEDNESDAY

**Courage and Trust** - Read Psalm 56:3-4 and Isaiah 41:10.

**Quiet Reflection** - Notice what God promises when fear rises.

**Share Your Insight** - Post one phrase from these verses that steadies your heart when you're afraid.

#### THURSDAY

**Strength That Holds** - Read Psalm 112:7 and Deuteronomy 31:8.

**Continue Study Guide Questions** - Reflect on where a steadfast heart comes from.

**Prayer First** - Identify one decision or concern you've been carrying and intentionally bring it to God in prayer before seeking advice elsewhere.

#### FRIDAY

**Read Darlene's Closing Thoughts** - Visit [timewarpwife.com](http://timewarpwife.com) or check your inbox for the weekly devotional wrap-up.

**Clothed in Strength** - Read Proverbs 31:25

**Community Engagement** - What stood out most this week: Esther's courage, God's promises, or the role of prayer?

#### SATURDAY

**Quiet Time or Catch-Up** - Finish questions, reread Esther 4, and review your notes.

**Prayer Practice** - Spend unhurried time in prayer, asking God to quiet fear and strengthen your obedience.

#### SUNDAY

**Rest and Worship** - No assignments today. Rest in the truth that God goes before you.

#### MONDAY

**Wrap-Up Reflection** - Where is God calling you to step forward in trust rather than fear?

**Final Community Post** - Share one way you want prayer - not fear - to shape your response in the coming week.