

WEEK AT A GLANCE

ANOTHER 7 VIRTUES OF A PROVERBS 31 WOMAN - CHAPTER 6 -

TUESDAY

Watch this week's video - Visit timewarpwife.com or check your inbox to find a link to this week's video.

Read Habakkuk 3 - Read the chapter slowly and notice how Habakkuk moves from fear to worship.

Read Chapter 6 in the Study Guide - Focus on the difference between happiness and joy.

Begin the Study Guide Questions - Start with the reflection on how joy is formed in the heart.

Community Check-In - Share one situation where joy has been tested recently.

WEDNESDAY

Joy Anchored in the Lord - Read Habakkuk 3:17-18 and Philippians 4:4.

Personal Reflection - Write down one "yet" statement you can make today, even if nothing around you has changed.

Share Your Insight - Post your "yet" statement or a verse that helped steady your heart.

THURSDAY

Joy in the Midst of Trials - Read James 1:2-3 and Romans 15:13.

Continue Study Guide Questions - Focus on how trust produces endurance, hope, and joy.

Quiet Prayer - Ask the Lord to help you see present struggles as opportunities to trust Him more deeply.

FRIDAY

Read Darlene's Closing Thoughts - Visit timewarpwife.com or check your inbox for the weekly devotional wrap-up.

Holding Sorrow and Joy Together - Read Hebrews 12:2 and 1 Peter 4:13.

Community Engagement - What stood out most this week: Habakkuk's "yet," joy in suffering, or trusting God when answers are unclear?

SATURDAY

Quiet Time or Catch-Up - Finish remaining questions, reread Habakkuk 3, and review your notes.

Guard Your Joy - Identify one lie that tends to drain your joy and replace it with a truth from Scripture.

SUNDAY

Rest and Worship - No assignments today. Rejoice in the Lord and let His peace settle your heart.

MONDAY

Wrap-Up Reflection - How has your understanding of joy shifted this week?

Final Community Post - Share one way you want to guard your joy and keep it anchored in the Lord as you move forward.